

### Long Pendulum Spiral Whorls

Researchers: Tom & Mina Lethbridge

The third diagram attempts to show how the position of an object appears to change in relation to the observer as he mentally ascends the Spiral of Rates. The object chosen was a silver spoon with a rate of 22 inches. On the second whorl it appears at 62 instead of 22 inches distant. This shows why persons reporting 'out of body' experiences say that they look down on themselves.

